

WHY DOES ANYONE DECIDE THEY WANT TO BECOME AN ANAESTHESIOLOGIST?

<http://theanesthesiaconsultant.com/2013/09/11/why-does-anyone-decide-they-want-to-become-an-anesthesiologist/>
Published 11 September 2013

Richard Novak, Deputy Chief of Anesthesia at Stanford University Hospital, the Medical Director at Waverley Surgery Center in Palo Alto, California, and a member of the associated Anesthesiologists Medical Group in Palo Alto, California.

A question anesthesiologists are commonly asked is, "Why did you decide to become an anesthesiologist?"

Let's assume a young man or woman has the discipline and intellect to attend medical school. Once that individual gains their M.D. degree, they will choose a specialty from a long line-up that includes multiple surgical specialties (general surgery, orthopedics, urology, neurosurgery, cardiac surgery, ophthalmology, plastic surgery, ear-nose-and-throat surgery), internal medicine, pediatrics, family practice, dermatology, radiology, invasive radiology, radiation oncology, allergy-immunology, emergency medicine, and anesthesiology.

Why choose anesthesiology? I offer up a list of the reasons individuals like myself chose this specialty:

1. Anesthesiologists do acute care rather than clinic care or chronic care. Some doctors enjoy sitting in a clinic 40+ hours a week, talking to and listening to patients. Other doctors prefer acute care, where more exciting things happen moment to moment. It's true that surgeons do acute care in the operating room, but most surgeons spend an equal amount of time in clinic, seeing patients before and after scheduled surgical procedures. Chronic care in clinics can be emotionally taxing. Ordering diagnostic studies and prescribing a variety of pills suits certain M.D.'s, but acute care in operating rooms and intensive care units is more stimulating. It's

exciting controlling a patient's airway, breathing, and circulation. It's exciting having a patient's life in your hands. Time flies.

2. Patients like and respect their anesthesiologist, and that feels good. Maybe it's because we are about to take each patient's life into our hands, but during those minutes prior to surgery, patients treat anesthesiologists very well. I tend to learn more about my patients' personal lives, hobbies, and social history in those 10 minutes of conversation prior to surgery than I ever did in my internal medicine clinic.
3. An anesthesiologist's patients are unconscious the majority of time. Some anesthesiologists are attracted to this aspect. An unconscious patient is not complaining. In contrast, try to imagine a 50-hour-a-week clinic practice as an internal medicine doctor, in which every one of your patients has a list of medical problems they are eager to tell you about.
4. There is tremendous variety in anesthesia practice. We take care of patients ranging in ages from newborns to 100-year-olds. We anesthetize patients for heart surgery, brain surgery, abdominal or chest surgeries, bone and joint surgeries, cosmetic surgery, eye surgery, urological surgery, trauma surgery, and organ transplantation surgery. Every mother for Cesarean section has an anesthetist, as do mothers for many vaginal deliveries for childbirth. Anesthesiologists run intensive care units and anesthesiologists are medical directors of operating rooms as well as pain clinics.
5. Anesthesiologists work with a lot of cool gadgets and advanced technology. The modern anesthesia workstation is full of computers and computerized devices we use to monitor patients. The modern anesthesia workstation has parallels to a commercial aircraft cockpit.
6. Lifestyle. We work hard, but if an anesthesiologist chooses to take a month off, he or she can be easily replaced during the absence. It's very

hard for an office doctor to take extended time away from their patients. Many patients will find an alternate doctor during a one month absence if the original physician is unavailable. This aspect of anesthesia is particularly attractive to some female physicians who have dual roles as mother and physician, and choose to work less than full-time as an anesthesiologist so they can attend to their children and family.

7. Anesthesia is a procedural specialty. We work with our hands inserting IV's, breathing tubes, central venous IV catheters, arterial catheters, spinal blocks, epidural blocks, and peripheral nerve blocks as needed. It's fun to do these procedures. Historically, procedural specialties have been higher paid than non-procedural specialties.

CONDOLENCES



It is with great shock and sadness that we learned of the tragic deaths of twins, Melissa and Geoff Bosenberg.

As the beloved children of Professor Adrian Bosenberg and Bev Bosenberg, we extend our deepest sympathy to their family. "Prof Bosie" as he is affectionately known, is a legend of Paediatric Anaesthesia and has inspired many a budding anaesthetist throughout the world. Melissa, who qualified as an anaesthetist at UCT was following in her father's footsteps and had just completed a Paediatric Anaesthesia fellowship at Great Ormond Street. Melissa and Geoff will be greatly missed and to Bev and Bosie: You are in our thoughts daily.

L Cronje



to Scientific Group for sponsoring this morning's breakfast.



Congratulations to Dr Saaliha Goga and Dr Kim De Vasconcellos on the Birth of their baby boy.



The department would like to say Farewell to Siphon Maphumulo and Ayanda Mthethwa who will be leaving the Department in June. We wish them all the best for the future.

SASOS STUDY

Professor B Biccard would like to thank everyone in the department for the tremendous contributions you all made during the SASOS recruitment week. You have all certainly contributed significantly to the success of this study in KwaZulu-Natal.

SASA CME DURBAN IALCH

Date: 07 June 2014

Venue: IALCH

SESSION 1.

07:30 - 08:30

REGISTRATION AND TEA

08:00 - 08:30

Persistent postsurgical pain - S Bechan

08:30 - 09:00

Anaesthesia and the Child with a psychiatric diagnosis - G Redfern

09:00 - 09:30

BURNS - N Allorto

09:30 - 10:10

Anaesthetic Risk, What to tell the patient - S Kransingh

10:10 - 11:00

SESSION 2.

11:00 - 11:30

Hot off the press: an update on postoperative delirium - E Hodgson

11:30 - 12:00

Anaesthesia and the Law - K Govender

12:00 - 12:20

A Just Price for Specialist Fees?? T Naidoo

12:20 - 12:40

Case Discussion - S Sewpersard

CMSA CONTACT DETAILS

This is just a quick note to let you know that Anita Walker will be retiring from the Colleges of Medicine of SA (CMSA) on Friday 30 May 2014 and this email address will be closed. Please contact either Sharleen Stone (her successor) on cmsa-edu@ukzn.ac.za or Antoinette Conning on cmsa-cpd@ukzn.ac.za

CONSULTANT MEETING

Please be advised that the consultant meeting for June has been cancelled. The next consultant meeting will be **Tuesday 1st July 2014.**

ADVANCED AIRWAY WORKSHOP - UPDATED

The Advanced Airway workshop is scheduled as follows:

Date: 28 June 2014 (**New Date**)

Time: 08h30 – 13h00

Venue: SMART Centre & Anaesthetics Seminar Room, IALCH

Enquiry: Dr R Naidoo -

rubeshann@yahoo.com

RSVP: Hannah – hannahnai@ialch.co.za

NB: Registration is free but limited to 40 candidates. This workshop is CPD accredited.

AIRWAVES CONGRESS

Date: 20 - 23 June 2014

Venue: Gateway Congress

To register and for more information

visit: www.airwavescongress.co.za

Email: info@airwavescongress.co.za

Tel: 031 568 1205 or 0 31 563 6804

APPLICATION FORM FOR STUDY LEAVE WITHIN SA

PLEASE NOTE: The Application form for study leave within SA is now available on the department website. This form needs to be completed and submitted 3 months in advance. For leave notice please contact Hannah for leave applications.

NOTICE FROM KEH HUMAN RESOURCES DEPARTMENT

Attention Registrars:

Registrars completing the programme at the end of June 2014 and who are going to be exiting the registrar programme at the end of the month in the form of resigning from the public sector or transferring to other medical posts in King Edward Hospital or other Institutions must please report to room 31 or 27 in the HR Department at King Edward VIII Hospital by Friday, 20 June 2014.

UPCOMING EVENTS

STAFFING COMMITTEE

Date: 01 July 2014

Time: 15h00

Venue: IALCH (Seminar room)

CONSULTANT MEETING

Date: 01 July 2014

Time: 16h30

Venue: IALCH (Seminar room)

COMBINED ACADEMIC

Date: 20 June 2014

Time: 07h30

Venue: L5 Lecture Theatre, MS

● RESEARCH MEETING

Registrar: Gibbs M

Registrar: Asmal H

● CLINICAL FORUM

Topic: MGMH

Consultant: Reddy S

Topic: General

Consultant: Samuel R

● REGISTRAR MEETING

FCA PART II ANAESTHETIC REFRESHER COURSE

The FCA Part II Refresher course will be held as follows:

Date: 17 – 21 June 2014

Venue: The Colleges of Medicine of South Africa, Parktown West, JHB

Enquiries: Mrs Muriel Ndlovu – 011 933 9335/

Muriel.Ndlovu@wits.ac.za

Register at:

<http://www.joburganaesthesia.co.za>

CPD Points:

26 CPD points for the full course and

4-6 CPD points per day.

FCA PART 2 MOCK OSCE DATES

The FCA Part 2 Mock Osce is scheduled on the following dates:

Day 1: Fri, 06 June 2014

14h00- 17h00

Day 2: Sat, 07 June 2014

09h00-16h00

Venue: Medical School Boardroom

Enquiries: Dr Nicky Kalafatis– nickykalafatis@gmail.com

AIRWAVES CONGRESS

Date: 20 - 23 June 2014

Venue: Gateway Congress

To register and for more information visit: www.airwavescongress.co.za

Email: info@airwavescongress.co.za

Tel: 031 568 1205 or 031 563 680

CROSSWORD

Across

4. Maintains grips on higher plane? (7)
8. The United Nations are still rough (6)
9. No amateur temple, but unconsecrated (7)
10. Permit Prince Henry to be deadly (6)
11. Not a return for the unmarried (6)
12. Top marine performer
18. Nude is upset at telephone call lasting (8)
20. Where the screen is for showing, not hiding (6)
21. Maintain it stares around (6)
22. No wonder it's cheap – there can be no profit in it (7)
23. Bath, or place in Tasmania (6)
24. Hide in part of Mediterranean island (7)

Down

1. Injured girl with sword (7)
2. Lent car for middle (7)
3. Instruct to live as one of a pair to advantage? (6)
5. Hut on wrecked pier was destroyed (8)
6. Send over the edge to displeas? (6)
7. Hang loose dunderhead on corner (6)
13. The Utopain has his own catalogue of notions (8)
14. Inspire the fellow to be a burning opponent (7)
15. Disturb it going in an entrance (7)
16. He was pious but unpunctual, and he washed his hands (6)
17. What the hen pub gave the mendicant? (6)
19. Firing into the air as a result (6)

(Answers on next page)

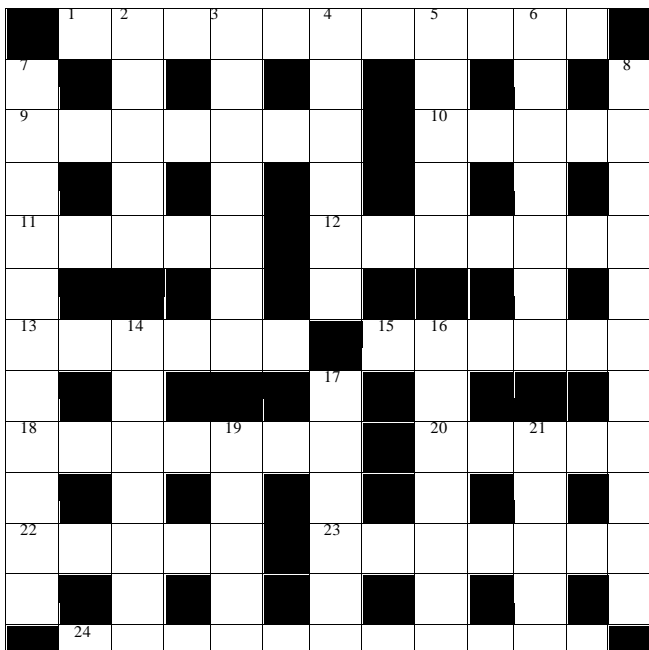
CODEWORD

R	I	C
H	O	T
T	E	E

How many words of four letters or more can you make from the letters shown here? In making a word, each letter may be used once only. Each word must contain the center letter, and there must be at least one nine-letter word in the list. No foreign words; no words with initial capital, no hyphenated words.

Target:

Good 32; Very Good 39; Excellent 49.



Entertainment

Reviews: Album Review:



Kylie Minogue's 'Kiss Me Once'

Putting together Kylie Minogue's 12th studio album *Kiss Me Once* (is now out) was, [by the singer's own admission](#), a long, arduous task. After ending her professional relationship with her longtime manager and switching those duties over to Roc Nation early in 2013, Minogue spent the better part of a year jetting back and forth from London to Los Angeles to work with a laundry list of writers and producers, some of whom made the final cut for the album (**Pharrell, Cutfather, MNEK, Sia, Ariel Rechtshaid**) and some of whom did not.

Whereas Kylie's previous album *Aphrodite* had a slick sonic through-line that ran from beginning to end (thanks to executive producer **Stuart Price**), *Kiss Me Once* feels a bit like a musical smorgasbord, given the variety of both top name and up and coming musicians involved. Lucky for us, it all pays off in spades. If Kylie had any concern that, when all was said and done, this album would be a bit all over the place, she needn't have worried — for while *Kiss Me Once* isn't her most cohesive effort to-date, it's what many artists can only hope for: A solid, feel-good pop album that won't let you off the hook without repeat plays.

WHAT TO WATCH



GRACE OF MONACO



Genre: Drama

Running time: 1hr 42min

Starring: Derek Jacobi, Geraldine Somerville, Milo Ventimiglia, Nicole Kidman, Parker Posey, Paz Vega, Robert Lindsay, Roger Ashton-Griffiths and Tim Roth.

Directed by: Olivier Dahan

Produced by: Amel Chopra, Pierre-Ange LePogam, Uday Chopra

Synopsis:

For the first two scenes of Olivier Dahan's peculiar hagiography of *Princess Grace*, the director shoots his heroine from the rear. **Nicole Kidman** manages a serviceable impersonation of the former **Grace Kelly** in these sequences. The hair may not be quite right, but she's recognisably human and undeniably female. Then Kidman turns around and begins to speak. It's not just that the actor's current face, a sort of beardless Fu Manchu, doesn't match with Kelly's softer, blonder features. She seems to be making no effort whatsoever at the nouveau-patrician Pennsylvania accent. If the film is to be believed, Her Serene Highness sounded, in private, like chief treasurer of the **Sydney Bridge Circle**.

Unfortunately, the film is dragged down by the writers' decision to focus on an incident in Monaco's history that will bore many viewers and turn a few more against the supposed heroes. It seems that, in the early 1960s, Charles de Gaulle had the nerve to demand that the prince's subjects pay income tax to the French government. A blockade developed before, greased by Princess Grace's charm, the larger nation allowed **Monaco** – less populous than **Waterford** – to keep hold of its millions. "Business for the sake of business," Rainier argues in a speech less inspiring than any by **Martin Luther King**. Le boo! Le boo! Still, for all its infelicities, the film does pass one unavoidable test. It is nowhere near as awful as Oliver Hirschbiegel's recent *Diana*. Thank heavens for small mercies.

CROSSWORD

Across: 4 Upholds; 8 Uneven; Profane; 10 Lethal; 11 Single; 12 Starfish; 18 Enduring; 20 Cinema; 21 Assert; 22 Bargain; 23 Hobart; 24 Secrete.

Down: 1 Cutlass; 2 Central; 3 Behalf; 5 Perished; 6 Offend; Dangle; 13 Idealist; 14 Fireman; 15 Agitate; 16 Pilate; 17 Beggar; 19 Upshot.

CODEWORD

Cheerio choir chore coheir cohere coir core cote coterie cotter cottier echo echoer erotic hector hereto heriot hero heroic hotter ichor ochre octet other otic otter recto reecho riot rochet rote THEORETIC thereto thorite throe tiro tocher torc torch tore tort torte tote tother trio troche trochee troth

CRITICAL CARE CONGRESS – INSPIRING ICU 2014

Date: 27-30 November 2014
Venue: Baxter Theatre Centre, Cape Town, For more information: Critical Care 2014 Congress Office
Tel: +27 (0)21 712 0571
Email: critcare2014@eventsmanagementsolutions.co.za

NEXT SUPER DAMN Fri, 27 June 2014

Contributions to:
 Ayanda: Mthethwaa@ukzn.ac.za
 Natasha: Nzamah@ukzn.ac.za
 Nelly: Musirinofa@ukzn.ac.za



7:15 FRIDAY MORNING MEETINGS – L5 LECTURE THEATRE, MEDICAL SCHOOL

DATE	TOPIC	SPEAKER	MODERATOR
30 May	ICU Triage	K Gordon	D Muckart
06 Jun	Anaesthesia for cleft lip and palate	P Govender	S Ramcharan
13 Jun	Anaesthesia for robotic surgery	M Govender	L Drummond
20 Jun	Combined Academic Meeting: Clinical Forum and Research Meeting		

MON 02 June	15h00	FCA PART II TUTORIALS HAEME 2 <i>N Kalafatis</i> CLINICALS <i>N Kalafatis/ L Cronje</i>	IALCH
TUE 03 June	11h00	PMMH INTENSIVIST TEACHING WARD ROUNDS	PMMH
WED 04 June	07h00	M & M MEETING: KEH	KEH
	07h00	M & M MEETING: IALCH	IALCH
	07h00	M & M MEETING: PMMH	PMMH
	14h30	FCA PART I TUTORIALS Respiratory mechanics, Control of Respiration, Ventilators, Measurement Pressure and Flow <i>T Kisten</i>	IALCH
THUR 05 June	07h15	OBSTETRIC ANAESTHESIA How would you manage local anaesthetic toxicity after topping up an epidural for caesarean section? Discuss intralipid in detail <i>K Naicker</i>	IALCH
FRI 06 June	07h15	FRIDAY MORNING MEETING: Anaesthesia for cleft lip and Palate <i>P Govender</i>	L5, MS

2014 DIARY

CLINICAL COURSE, DBN:
IALCH 15 – 19 September 2014

CRITICAL CARE CONFERENCE: CT
26 - 30 November 2014

DEPT WEBSITE

<http://anaesthetics.ukzn.ac.za/Homepage.aspx>

BIRTHDAYS

Sunday, 01 June 2014
Jonathan Invernizzi, Santosh Pershad

Monday, 02 June 2014
Nokwanda Jaka, Sumesh Kassie

Tuesday, 03 June 2014
Garth Horsten

Thursday, 05 June 2014
Jonathan Handley

Thought for the Day!

"Don't worry about failures, worry about the chances you miss when you don't even try."

Jack Canfield