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An HIV-positive status and short term perioperative mortality – a systematic review

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Introduction
There are over 30 million people living with HIV infection worldwide.† The advent of antiretroviral therapy has increased life expectancy in persons with HIV infection, and it is therefore likely that a proportion of these patients will require surgery for HIV-related or HIV-unrelated pathologies during their lifetime.‡ It is estimated that over 230 million patients (irrespective of HIV status) undergo surgical procedures each year, with almost 0.5% of these patients suffering perioperative mortality.§ A systematic review by Madlala et al., which was published in 2009, suggested that the impact of an HIV-positive status on the incidence of perioperative mortality appears unclear.‖ We decided to perform an updated systematic review of the published literature in order to collate and summarise data related to short-term perioperative mortality from studies with HIV-positive and HIV-negative patient groups.

Method
We conducted a parallel search of PubMed and Web of Science databases. In PubMed, we searched using a combination of phrases/keywords and using a set of relevant MeSH terms (Table 1). We chose to search PubMed with both of these options to improve the sensitivity of the search. There is no controlled vocabulary (MeSH) search function within the Web of Science, thus searches on this database were performed using only phrases. Searches were performed on both databases until 20 August 2015.

In addition, the reference list of the systematic review conducted by Madlala et al.,‖ was also screened for potentially relevant manuscripts. Abstracts of studies identified from the literature search were screened using the inclusion and exclusion criteria specified in Table 2. The reference lists of included manuscripts were hand-searched for relevant studies which might not have been identified during the literature search. The quality of included studies was evaluated using the Newcastle-Ottawa scale. We did not extend our search to “grey area” literature. Our decision to exclude data from “grey area” literature might have introduced publication bias; however, the “grey area” literature is often not peer-reviewed and, in the case of conference abstracts, may not have provided enough information to be included in the review. Two authors independently screened the articles for inclusion in the review, and the opinion of an expert was sought in the event of a dispute.

The following data elements were extracted from all included manuscripts: author; country where the study was conducted; year of publication; surgical category (cardiac or noncardiac surgery); surgical specialty; and, sample size of the studies. The characteristics of included studies are presented descriptively. Potential associations between an HIV-positive status and a higher risk of short-term perioperative mortality are presented as crude odds ratios (with 95% confidence intervals), which were calculated using additional study data extracted from each included manuscript. Calculation of the crude odds ratios and 95% confidence intervals was performed using the Statistical Package for the Social Sciences (SPSS) version 23.0 (IBM Corp, USA).
Table 1: Search strategy implemented during this systematic review

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<th>Database</th>
<th>Query</th>
<th>MeSH term/Phrases</th>
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Table 2: Inclusion/exclusion criteria used in this systematic review

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Results

The results of our literature search of PubMed and the Web of Science are illustrated in Figure 1. Our electronic search yielded a total of 87 manuscripts. Screening the reference list of the review compiled by Madiba et al.\(^1\) yielded 2 additional relevant manuscripts. A total of 5 of the total 89 manuscripts were duplicates. Following review of the abstracts of the remaining 82 unique manuscripts, 19 manuscripts were selected to undergo full text review. Reasons for exclusion of 65 manuscripts included:

- Not original research manuscript (3 manuscripts);
- Not in English (4 manuscripts);
- Research included children (3 manuscripts);
- No comparator group (15 manuscripts);
- Non-human research (2 manuscripts);
- No mortality outcome reported (6 manuscripts);
- No HIV-positive population (24 manuscripts);
- Reporting long term mortality (7 manuscripts); and,
- Study not conducted in surgical patients (1 manuscript).

Following full text screening of the 19 manuscripts, there were 7 manuscripts which were found to be ineligible for the following reasons:

- No surgery (3 manuscripts);
- No comparator group (1 manuscript);
- HIV population combined with cancer population (2 manuscripts);
- No mortality outcome reported (1 manuscript).
In addition, we screened the reference lists of the remaining 12 manuscripts in order to identify other potentially eligible studies for inclusion in our systematic review, however no additional manuscripts were found. Therefore, this systematic review comprised 12 eligible manuscripts.

A description of all eligible manuscripts evaluated in this systematic review is shown in Table 3. There were 12 eligible manuscripts reporting on 12 unique studies conducted in 5 countries (3 studies in USA, 2 studies in South Africa, 1 study in Malawi, and 1 study in France/Italy). Three studies involved cardiac surgery, while 9 studies involved noncardiac surgery. Surgical specialties represented in this systematic review were diverse. Most studies had total sample sizes < 100 patients, with a few exceptions. The studies included in this systematic review were of acceptable quality. Crude odds ratios calculated for each study found associations between an HIV-positive status and short term perioperative mortality in 2 studies (both noncardiac surgery studies), while the association was unclear in the remaining 10 studies.

**Discussion**

The findings of our systematic literature search highlight the scarcity of published literature related to the impact of HIV status on short term perioperative mortality, despite the growing burden of HIV infection in the surgical setting and the incidence of mortality following surgical procedures worldwide. Our findings also indicate that the majority of research was conducted in countries with a low burden of HIV infection (USA and France/Italy contributed 9 of the 12 studies). Data from the majority of included manuscripts in our systematic review (3 of the 3 manuscripts reporting cardiac surgery, and 7 of the 9 studies reporting noncardiac surgery) did not demonstrate any clear association between an HIV-positive status and a higher crude
<table>
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<tr>
<th>Author (Year of Publication)</th>
<th>Country</th>
<th>Newcastle-Ottawa Score</th>
<th>Surgical Category (Cardiac/Noncardiac)</th>
<th>Surgical Procedure</th>
<th>Sample Size (HIV-positive + HIV-negative, related to mortality outcome results)</th>
<th>Sample Size (HIV-positive only)</th>
<th>Crude Odds Ratio (95% Confidence Interval) for short-term perioperative mortality</th>
</tr>
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Our systematic review identified 2 studies wherein data demonstrated associations between an HIV-positive status and a higher crude odds of short term perioperative mortality. However, this finding should be interpreted with caution. It is likely that these two studies were underpowered to investigate short term perioperative mortality in patients with HIV infection. This is supported by the wide confidence intervals obtained for the crude odds ratios obtained from the two aforementioned studies. It is also possible that challenges in the delivery of healthcare services in both studies might have played an underlying role in the majority of mortality observed in the HIV-infected group. For instance, in the study of Young et al., there was no perioperative prophylaxis for venous thromboembolism due to financial constraints within the study setting. All patients in the HIV-infected group who died postoperatively in the study of Young et al., were thought to have suffered a pulmonary embolism. Access to HIV care and treatment might have played an underlying role in the mortality observed in the study of Louis et al. In that study, HIV-infected cesarean section patients were reported less likely to have had access to prenatal care when compared with HIV-uninfected cesarean section patients. Louis et al. also noted that opportunistic infection was the primary cause of death in all HIV-infected patients who died, the majority of whom were diagnosed with AIDS. Antiretroviral therapy use (which could have averted some of the observed deaths) was not described by Louis et al. Considering their findings regarding access to prenatal care, it is tempting to speculate that a proportion of HIV-infected women who were eligible to receive antiretroviral therapy (and thereby reduce their risk of acquiring opportunistic infections) did not have access to HIV care and treatment. The overall finding of our systematic review is in agreement with the findings of the review conducted by Madiba et al., in 2009. An HIV-positive status alone should not be a reason to argue against surgical intervention as the bulk of the published evidence suggests no higher odds of short term perioperative mortality in patients who are HIV-positive.

There were limitations to this systematic review. Firstly, we were unable to perform an electronic search of EMBASE as our institution does not provide access to this database. However, we feel that a search of combined PubMed and Web of Science (which includes 22 separate databases) databases was adequate for the purposes of the review. Furthermore, the lack of published studies describing perioperative mortality in HIV-positive and HIV-negative patient groups was also evident in the systematic review conducted by Madiba et al. The small number of published studies also limited our ability to conduct a subsequent meta-analysis. Obvious heterogeneity between studies (for instance cardiac versus noncardiac surgery categories, and differences in surgical specialty groups) also contributed to precluding a meta-analysis. The majority of studies were from countries with a low HIV burden, and more research conducted.
in countries with a higher burden of HIV infection would be required to provide a better estimate of risk.

Conclusion
In summary, evidence supporting a higher odds of short term perioperative mortality following surgery in patients with an HIV-positive status is unconvincing. A larger collection of studies, in particular those conducted in countries with a high burden of HIV infection, is required to support an appropriate meta-analysis on this topic. Currently, an HIV-positive status alone should not be used as a reason to argue against surgical intervention.

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Conflicts of Interest – None.

References