

# D.A.W.N.

Volume 33 No. 08

24 February 2020 – 01 March 2020

*If you have an article, reference or any newsworthy exposé please forward to **Naledi Ngwane** [ngwanep@ukzn.ac.za](mailto:ngwanep@ukzn.ac.za)*

**An informal Farewell Breakfast honoring Dr Alex Torborg will be held today at IALCH, 08h30, Seminar Room**

## FAREWELL Dr Alex Torborg

Dr Alex Torborg qualified in 2000. She completed her internship at Barberton Hospital and her Community Service at Ngwelezane. Placement in these hospitals must have been bliss for a nature lover such as Alex, especially with her keen interest in birding. Alex then gained some work experience in Paediatrics in the UK. Perhaps this is where her love of paediatric work began. Alex and her husband Donald returned to South Africa where she began her career in anaesthesia. She achieved her FCA Examinations in 2010 and started her first specialist post at IALCH thereafter. Alex has been an asset to the department for many years. After completing her consultant rotations, she became a member of the paediatric anaesthesia division and has been for quite some time. Her expertise in paediatric care shall be sorely missed. Alex is a gifted anaesthetist with a great way with children. Anyone who has worked with her knows how she strives for excellence and always puts her little patients first. She has a valuable set of hands in caring for ill children or when faced with a difficult airway. I have had the pleasure of being part of the Craniofacial team with Alex and we have worked together, brainstorming for many a challenging child.

Alex also completed a diploma in regional anaesthesia which has made her a sought-after entity at IALCH with juniors and seniors alike. Her patience with teaching and technical skills in regional anaesthesia will leave a large void. Her appointment as Head Clinical Unit of Trauma & Orthopaedics was a perfect fit for her. Alex has also made significant contributions to research for KZN. After Bruce Biccard moved to UCT, Alex took over as the head of the Perioperative Research Unit at IALCH. This is no small feat, appreciated by those who have undertaken clinical trials. Alex's ability to wear many hats and juggle more tasks in one day than most could complete in a week is impressive.

Alex's decision to take a different direction for her career is something that, as her friend, I support wholeheartedly. As her colleague, her departure will leave a gap that will be difficult to fill. I wish her well on her new adventure, which I'm sure will be filled with impressive long-distance sea swims, adventuring with sharks, dolphins and turtles and possibly trying her skills on top of a surfboard. I'm sure Don and her beloved feline child Zingi will enjoy having her to themselves for a while.

**Please note there will be a Farewell Breakfast for Dr Alex Torborg on Friday 27 March, L5 Medical School.**

## WELCOME!

To Dr Hemkushal Issarsing who joined the department this month as a supernumerary registrar. The department wishes him well in the registrar program.

## DA MOCK OSCE EXAMS

DA first semester candidates

**Date:** 07 March 2020

**Venue:** Prince Mshiyeni Memorial Hospital Main theatre

**Contact:** Zanine Moyce before 28 February 2020, **Cell:** 0736062163

**Email:** [zanine.moyce@gmail.com](mailto:zanine.moyce@gmail.com)

## INAUGURAL CHS RESEARCH DAY

**Date:** Monday, 24 February 2020

**Time:** 8h30-13h00

**Venue:** K1 and K2 – K-Rith Building, Medical Campus.

**RSVP:** Ms MaryAnn Francis

**Email:** [francism@ukzn.ac.za](mailto:francism@ukzn.ac.za)

## CPD ACCREDITATION

Please ensure all Doctors sign the registers in all meetings with the correct date, meeting and venue before submitting. All HCUs to please ensure their registers are submitted for scanning at the end of each month to Camy - 4329/ Naledi – 4472 at MS.

## CHS - UKZN RESEARCH SYMPOSIUM

**Save the Date:** 18 – 19 August 2020

Details to follow...

## CHS - PHD & MMED SCHOLARSHIPS

CHS Scholarships for new students (Masters & PhD) is now open.

**Closing date:** 28<sup>th</sup> February 2020.

Returning PhD students can apply for renewals, provided satisfactory progress is noted. For running expenses - a budget not exceeding R40 000 (PhD) and R25 000 (MMedSci) - these amounts may change depending on availability of funds. Preference will be given to SA citizens.

<https://forms.gle/jYnhisC2zxENSjV8>

**Enquires:** [chsscholarships@ukzn.ac.za](mailto:chsscholarships@ukzn.ac.za)

## LOOKING AHEAD.....

## NATIONAL SASA CONGRESS 11 – 15 MARCH 2020

**Date:** 11 – 15 March 2020

**Venue:** CSIR ICC, Pretoria

**Website:** [www.sasacongress.com](http://www.sasacongress.com)

**Enquiry:** Eastern Sun Events

**Email:** [sasa@easternsun.co.za](mailto:sasa@easternsun.co.za)

**Tel:** +27 41 374 5654

## FCA PART 1 REFRESHER

**Date:** 11 – 15 May 2020

**Venue:** 27 Rhodes Avenue, (JHB)

**Enquiry:** Dr Zainub Jooma / Dr Siju Abraham - [jhbanaesthesia@gmail.com](mailto:jhbanaesthesia@gmail.com)

## 2020 PainSA Congress

**Date:** 29 – 31 May 2020

**Venue:** Century City Conference, CT

**Accommodation:** Century City Hotel – 4 Star, Stayeasy Century City – 2 Star

**W:** [www.painsacongress.co.za](http://www.painsacongress.co.za)

**E:** [painsacongress@velocityvision.co.za](mailto:painsacongress@velocityvision.co.za)

## FCA PART II REFRESHER

**Date:** 01 – 05 June 2020

**Venue:** Sport Science Institute of SA, Newlands (Cape Town)

**Enquiry:** Meagan Whyte

**Tel:** (021) 6501548

**Email:** [meagan.whyte@uct.ac.za](mailto:meagan.whyte@uct.ac.za)

**2020 CLINICAL COURSE**

Date: 17 - 21 August 2020  
 Venue: Inkosi Albert Luthuli Hospital  
 Coordinator: Dr S Sikhakhane  
 Enquiries: [sebe88nzile@gmail.com](mailto:sebe88nzile@gmail.com)

**World Congress of Anaesthesiologists**

Date: 05 – 09 September 2020  
 Venue: Prague, Czech Republic  
 W: [www.wcaprague2020.com](http://www.wcaprague2020.com)

**Anaesthetic Foundation  
2020 Refresher Course**

Date: 12-13 September 2020  
 Venue: Indaba Hotel, Fourways  
 W: [www.painsacongres.co.za](http://www.painsacongres.co.za)  
[anaestheticfoundation@vlocityvision.co.za](mailto:anaestheticfoundation@vlocityvision.co.za)

**NEXT DAWN:  
28 February 2020**

Send contributions to:  
 Ms CAMY SINGH 031 2604329 /  
[singhc@ukzn.ac.za](mailto:singhc@ukzn.ac.za)  
 Ms NALEDI NGWANE 031  
 2604472 /[NgwaneP@ukzn.ac.za](mailto:NgwaneP@ukzn.ac.za)

**07:15 FRIDAY MORNING MEETINGS – L5 LECTURE THEATRE, MEDICAL SCHOOL**

| 2020   | TOPIC                                      | SPEAKER   | MODERATOR       | UNIT ADDRESS |
|--------|--|-----------|-----------------|--------------|
| 21 Feb | <b>Clinical Forum</b>                      | ADH       | PMMH            |              |
| 28 Feb | An HIV Refresher                           | J Krynauw | A Sader         |              |
| 06 Mar | SASA Presentation                          |           |                 |              |
| 13 Mar | To be announced                            | S Zungu   | C Van Den Bosch |              |
| 20 Mar | Clinical Forum                             |           |                 | IALCH ICU 2B |
| 27 Mar | Upper Airways Obstruction in Children post | S Naidoo  | CL Chellan      |              |

|                |       |   |                 |
|----------------|-------|---|-----------------|
| MON<br>24 Feb  | 15h00 | <b>FCA PART II</b><br><i>FCA Part II Exams 24 Feb-29 Feb</i>  | IALCH           |
|                | 07h00 | <b>OBSTETRIC ANAESTHESIA</b><br><i>No Meeting ( FCA II Written exams)</i>                                   | KEH             |
|                | 08h30 | <b>IALCH PAIN &amp; OBS</b><br><i>Obstetrics Journal Club</i>   | IALCH           |
| Tues<br>25 Feb | 07h00 | <b>M &amp; M MEETING: ADD</b>   | ADD             |
|                | 07h30 | <b>M &amp; M MEETING: PMMH</b>  | PMMH            |
|                | 16h30 | <b>M &amp; M MEETING: IALCH</b>   | IALCH           |
| WED<br>26 Feb  | 07h00 | <b>M &amp; M MEETING: KEH</b>   | KEH             |
|                | 07h00 | <b>M &amp; M MEETING: ADD</b>   | ADD             |
|                | 07h00 | <b>CONSULTANT/REG MEETING</b>   | IALCH           |
|                | 15h00 | <b>FCA PART I</b><br><i>Cell Physiology Body<br/>compartments/ Buffers/ Electrolytes</i><br><i>K Naidoo</i> | IALCH           |
| THUR<br>27 Feb | 07h15 | <b>M&amp;M : RKK</b><br><i>Spinal Hypotension during CS</i>   | RKK             |
|                | 07h30 | <b>KEH ICU: M &amp; M MEETING</b><br><i>Major trauma</i>  | K-Rith          |
|                | 16h30 | <b>DIPLOMA IN ANAESTHETICS</b><br><i>Elderly and Obesity</i><br><i>S Jithoo</i>                             | K-Rith<br>S & S |
| FRI<br>28 Feb  | 07h00 | <b>FRIDAY MORNING MEETING:</b><br><i>An HIV Refresher</i><br><i>J Krynauw</i>                               | L5, MS          |

**DIARY**

**CLINICAL COURSE, IALCH**  
17 – 21 August 2020, IALCH

**DISCIPLINE WEBSITE**

<http://anaesthetics.ukzn.ac.za/>

**PUBLICATIONS TRAINING  
MATERIALS**

<https://ics.ukzn.ac.za?rig-online-help-1/>

**2020 BIRTHDAYS**

Wednesday - 26 February

**Kiran Keerath**

Friday – 28 February

**David Lee Skinner**

Sunday – 01 March

**Diveta Peter Moanda**

**Thought for the Day!**

*"To achieve success,  
attitude is more important than assets, aptitude, age or anything else "*