

D.A.W.N.

Volume 33 No. 35

07 September – 13 September 2020

If you have an article, reference or any newsworthy exposé please forward to anaesthesiology@ukzn.ac.za

PUBLICATIONS

JM Tomlinson, DG Bishop, R Hofmeyr, L Cronjé, RN Rodseth: The incidence and predictors of hypoxaemia during induction of general anaesthesia for caesarean delivery in two South African hospitals: a prospective, observational, dual-centre study

Southern African Journal of Anaesthesia and Analgesia 2020; 26(4):183-187

<https://doi.org/10.36303/SAJAA.2020.26.4.2345>

URGENT - BIOMEDICAL RESEARCH ETHICS COMMITTEE: LEVEL 2 LOCKDOWN GUIDANCE TO ALL RESEARCHERS USING BREC

UKZN BIOMEDICAL RESEARCH ETHICS COMMITTEE (BREC) REVISION TO RESEARCH CONSTRAINTS AND SAFEGUARDS DURING LEVEL 2 LOCKDOWN.

BREC has replaced the lockdown level 3 guidance applicable to approved BREC studies with the following; effective from **26th August 2020**:

- A.** Resumption of non-interventional/observational studies will still be considered by BREC on a case-by-case basis subject to i) a satisfactory risk/benefit ratio, ii) renewed agreement from the local site manager(s) that they can accommodate the resumption of the research, iii) that interview/focus group research adopts use of online/telephonic media as far as possible, iv) that the PI complies with national and UKZN COVID-19 safety guidelines.
- B.** All interventional studies may resume subject to i) renewed agreement from the local site manager(s) that they can accommodate the resumption of the research and that ii) the PI complies with national and UKZN COVID-19 safety guidelines.
- C.** In both cases PIs must be sensitive to obvious signs of stress or distraction at study sites and delay their procedures considerably as required.
- D.** Where a PI is in doubt, please consult with the BREC chair.
- E.** PIs are reminded:
 - i.** All amendments must receive prior BREC approval
 - ii.** All studies must be recertified/renewed annually.

Prof D R Wassenaar /Chair: UKZN BREC

BREC@ukzn.ac.za

CONFIRMATION OF 2019 ANNUAL PRODUCTIVITY RECORDS

Since the inception of the RIG system, the Research Office has stopped the issuing of paper-based productivity letters. Researchers are required to log into the RIG system and confirm their 2019 Annual Productivity Unit (PU) records on the system. The release of the Research Productivity Support Grant (RPSG), based on PUs, will only be paid out to research cost centres of staff qualifying for the RPSG.

The steps to follow for Confirmation of 2019 Annual PUs are as follows:

Login to the RIG system at <https://rig.ukzn.ac.za>

Once logged in, please click:

1. “Person data”,
2. “Annual PU Records”,
3. “Edit” - Here you are able to check the correctness of your PUs,
4. “Researcher Confirmation”,
5. “Select yes” to confirm that the PU value is correct,
6. “Provide your cost centre number” (needs to be a valid research cost centre),
7. “Save & close”,
8. “Research Office final review”, and
9. “Done”.

Please note the following:

The RIG system will be closed for all unconfirmed 2019 Annual PU Records after the closing date and **no extension will be permitted.**

- The deadline for the confirmation of all 2019 Annual Research PUs is **Friday 9 October 2020**.
- Should you have any queries with regard to the PU data, please email Productivity@ukzn.ac.za by **Friday 18 September 2020** as follows:
 - **College of Law & Management Studies** and the **College of Humanities:** Ms. Joly Lutakwa (Ext. 7224)
 - **College of Agriculture, Engineering & Science** and the **College of Health Sciences:** Mr Malesela Alfred Matlawe (Ext. 2031)

IRP5 2020

IRP5's for Coastal Stream Registrars are now available in Sandile's office (King Edward viii Hospital. Room 31. HR Block).

You are required to bring your ID and/or Name badge when coming to collect your IRP5's.

UKZN COVID REPORTING REGISTRARS AND HONORARY STAFF

All Registrars are required to report to Sister Nozipho Jali and to Dr Suvira Ramlall if they have tested positive for COVID-19.

- Occupational Health Nurse, Sister Nozipho Jali, Jalin1@ukzn.ac.za
- Academic Leader for the Registrar Training Programme, Dr Suvira Ramlall, Ramlalls4@ukzn.ac.za

All UKZN honorary clinical staff who have tested positive for COVID-19 are also required to report cases to Sister Nozipho Jali.

DISCIPLINE WEBSITE

<http://anaesthetics.ukzn.ac.za/>

PACSA 2020 VIRTUAL CONGRESS: CALL FOR POSTERS

We invite you to attend the 2020 PACSA virtual congress. <https://www.pacsa2020.co.za>

Poster Presentations

Abstracts of research results or case discussions in all disciplines of Paediatric Anaesthesia are requested for submission. Abstracts will be peer reviewed for scientific content and authors will be informed if the poster is accepted.

A prize will be awarded for the best presentation

The deadline for abstract submission is **01 Oct 2020**

Guideline for submissions and Instructions to Authors on <https://pacsa2020.co.za/posters>. For more information contact the Congress Admin Office:

Telephone: 051 436 8145,

E-mail: congress@internext.co.za

Or: Johan Diedericks

Tel: 051 405 3307/ 051 4443414

diedericksbjs@ufs.ac.za

See page 4

PINK AND GREEN FORMS NEW ONLINE PROCESS

Starting from the current roster, Pink and Green forms are required to be completed electronically. Forms on website: anaesthetics.ukzn.ac.za/registrars/rotationroster Registrars to please refer to guidelines emailed by Hannah Naidoo.

Enquiries: [HannahNai@ialch.co.za/](mailto:HannahNai@ialch.co.za)

NaidooH@ukzn.ac.za

CANCELLATION OF 2020 ANAESTHETIC FOUNDATION REFRESHER COURSE

The 31st Anaesthetic Foundation meeting scheduled for the weekend of the 12th and 13th of September and the 12th Anaesthetic Nurses Program on Sunday the 13th September will not take place this year. The dates for the Anaesthetic Foundation in 2021 are the weekend of 11th and 12th of September 2021. Velocity Vision - Janice Candlish

anaestheticfoundation@velocityvision.co.za

Website: www.velocityvision.co.za

2021 CMSA EXAMS

Written

Part II Final Examinations – 25 - 29 January

Part I and Primary Exams – 1 - 5 February

Diploma Examinations – 10 - 12 February

Intermediate Examinations – 18 - 19 February

Orals

Diplomas – 12-14 April

Intermediates - 19 - 23 April

Sub-Spec. Certificants - 03 - 06 May

Fellowships - 10 - 14 May

ACCESS TO MED SCHOOL

Staff going to Medical School campus must apply for a permit <https://selfscreen.ukzn.ac.za/> and once permit is granted, doctors must self-screen before entry.

NRF POSTGRADUATE SCHOLARSHIPS - 2021

<http://notices.ukzn.ac.za/ViewNotice.aspx/55049>

NEXT DAWN: 11 September 2020

Send contributions to:

anaesthesiology@ukzn.ac.za

WORLD CONGRESS OF ANAESTHESIOLOGISTS

Date: 04 – 08 September 2021

Venue: Prague, Czech Republic

www.wcaprague2020.com

FCA PART 1 REFRESHER

Date: 16 – 20 November 2020

Venue: 27 Rhodes Avenue, (JHB)

Enquiry: Dr Zainub Jooma

jhbanaesthesia@gmail.com

PUBS TRAINING MATERIALS

<https://ics.ukzn.ac.za/rig-online-help-1/>

FORTHCOMING EVENTS / DIARY

07:15 FRIDAY MORNING MEETINGS – ZOOM

2020	TOPIC	SPEAKER	MODERATOR
04 Sept	Palliative Care Medicine: End of life care in the ICU	M Gasa	L Naicker
11 Sept	Clinical Forum	KEH/ IALCH pain	
18 Sept	Clinical Forum	MGMH/ PMMH	
25 Sept	Renal replacement therapy: a primer for anaesthetists	V Ramtohul	K de Vasconcellos
02 Oct	TBA	K Jadhunandan	S Verwey

Date	Time	Description	Venue (Zoom)
MON 07 Sept	15h00	FCA PART II Paeds 2 J Taylor Taylor/Cardoso	IALCH
	08h30	IALCH PAIN & OBS Obstetric Journal Club	IALCH
Tues 08 Sept	07h00	M & M MEETING: ADD	ADD
	07h30	M & M MEETING: PMMH	PMMH
WED 09 Sept	07h00	M & M MEETING: IALCH	IALCH
	15h00	FCA PART I Acid Base physiology Blood gas machine electrodes A Sader	IALCH
THUR 10 Sept	07h15	M&M: RKK	RKK
	07h30	KEH ICU: M & M MEETING	KEH - S block
	16h30	DIPLOMA IN ANAESTHETICS ICU and Critical illness: Part 1 K Govender	
FRI 11 Sep	07h00	FRIDAY MORNING MEETING: Clinical Forum KEH/ IALCH pain	ZOOM

Thought for the Day!

“You only live once, but if you do it right once is enough”



2020 BIRTHDAYS

Tuesday– 08 September

Sailuja Naidu

Thursday– 10 September

Shabnum Dhooma

Sunday– 13 September

Alexa De Castro





2021 NATIONAL CONFERENCE
KWAZULU-NATAL BRANCH

SASA

South African Society of Anaesthesiologists
- Durban -

SASA NATIONAL CONFERENCE

3 - 7 March 2021
Durban International Convention Centre

Twitter: #SASA21 / @docanaesthetic
www.sasaweb.com | www.2021sasacongress.co.za

A MEMBER SOCIETY OF THE



WFSA

WORLD FEDERATION OF SOCIETIES OF ANAESTHESIOLOGISTS



Join us for the PACSA Virtual Congress
For more information
and registration visit our website
www.pacsa2020.co.za

CONFIRMED INTERNATIONAL SPEAKERS
 Annette Schure | Charles Coté | Ehrenfried Schindler
 Paul Firth | Per-Arne Lönnqvist | Vrushali Ponde

Contact us
 E-mail: congress@internext.co.za Tel: 051 436 8145

This virtual congress is proudly supported by



Primer in Systematic Review online short course



The course aims for participants to find, appraise, interpret and consider the use of systematic reviews of effects

The course duration is 6 weeks (excluding orientation) and requires about 4 hours of effort a week.

At the end of the course, participants should be able to:

1. Outline the rationale for research synthesis and phrasing questions
2. Identify the principles of randomised controlled trials and risk of bias
3. Find, read and appraise systematic reviews (SRs)
4. Interpret findings of reviews of effects, including statistical interpretation of meta-analysis
5. Be able to interpret a GRADE profile and Summary of Findings table
6. Outline key components of a systematic review of effects that need to be considered in applying to health policy and practice

Upon successful completion of the course and assessment, participants receive a certificate of competence from Stellenbosch University.

Time/Topic	Topic
Week 1	Introduction, Orientation to online site
Week 2	Evidence based practice and Phrasing questions
Week 3	Randomised Controlled Trials and Risk of bias
Week 4	Finding, reading and appraising SRs
Week 5	Interpreting SR results
Week 6	GRADE and Summary of Findings tables
Week 7	Knowledge translation
Week 8-11	Post Course Readings, access and discussions

The primer in systematic review course is interactive, fun and informative. Whether you are a clinician, policy maker or researcher, if you want to know more about finding, appraising, and using the best available evidence then this course is for you.

The Course is presented from 1 September – 17 November. Cost is R2500.
 For application details, contact Liesel Esterhuizen (lesterhuizen@sun.ac.za).

This course was developed by the Effective Health Care Research Programme Consortium in 2012, funded by UK aid from the UK Government for the benefit of developing countries (Grant: 5242).

Set-up in an online format was supported by GESI.





Date: Wednesday, 16 September 2020

**PAIN ACADEMY
WEBINAR**

We invite you to join an exclusive **Pain Academy** webinar presented and hosted by **PainSA**.

Topic: Baby Hold My Hand - A new reality for paediatric pain

Speaker: Dr Elize Cloete

Date: Wednesday, 16 September 2020

Time: 18:00 - 19:00

Dr Elize Cloete



Dr Cloete is a third year registrar in the Wits Anaesthesia Department.

She did her MBBCh at Wits University, Internship at Chris Hani Baragwanath Hospital and then Community Service at Leratong. There she did Anaesthetics and Emergency Medicine for 6 months each, as well as doing a Diploma in Anaesthetics and a Diploma in Primary Emergency Care. She is interested in the new paradigm shift in anaesthesia afforded to us by rapidly advancing technology.

She is specifically passionate about it's implications for pain and anxiety management in the paediatric population.

As part of her MMed research, she will be looking at whether or not audiovisual distraction at induction will alleviate anxiety.

[Register Now](#)

[Click Here](#)

Premier Sponsor



For additional information and assistance please contact:

Velocity Vision - Janice Candlish
Tel: +27 11 894 1278
Email: painacademy@velocityvision.co.za
Website: www.velocityvision.co.za

[f](#) [t](#) Web: www.painsa.org.za | Email: info@painsa.org.za



**HEALTHCARE WORKERS
CARE NETWORK**

Caring for the Carers by the Carers

**Join an Online Support Group For
Healthcare Workers**



If you are feeling lonely, isolated, overwhelmed, or just in need of a good chat with colleagues, we are running a small group for all healthcare workers who would like to share experiences about how they're finding life at work and at home right now.

Anna Schmidt-Ehmcke and Lauren Gower are psychologists and they will be facilitating the group which will meet on Saturdays weekly for approximately one hour at 1:30 pm.

The group will be hosted on Zoom, it is free, voluntary, and will be confidential.

If you're interested in joining the group, please Whatsapp Lauren on +27 826885957 or email hwcngroups@gmail.com

24 Hour Helpline 0800 21 21 21 SMS 43001