

# D.A.W.N.

Volume 33 No. 36

14 September – 20 September 2020

*If you have an article, reference or any newsworthy exposé please forward to [anaesthesiology@ukzn.ac.za](mailto:anaesthesiology@ukzn.ac.za)*

## CONGRATULATIONS

To Dr L Cronje who received an appreciation note from the Dean's office for her contribution as a clinician teacher whilst driving research at KEH VIII and contributing to organizational management at a departmental and national level.

## CANCELLATION OF 2020 ANAESTHETIC FOUNDATION REFRESHER COURSE

The 31<sup>st</sup> Anaesthetic Foundation meeting scheduled for the weekend of the 12<sup>th</sup> and 13<sup>th</sup> of September and the 12<sup>th</sup> Anaesthetic Nurses Program on Sunday the 13<sup>th</sup> September will not take place this year. The dates for the Anaesthetic Foundation in 2021 are the weekend of 11<sup>th</sup> and 12<sup>th</sup> of September 2021. **Velocity Vision - Janice Candlish**

[anaestheticfoundation@velocityvision.co.za](mailto:anaestheticfoundation@velocityvision.co.za)

Website: [www.velocityvision.co.za](http://www.velocityvision.co.za)

## PACSA 2020 VIRTUAL CONGRESS: CALL FOR POSTERS

We invite you to attend the 2020 PACSA virtual congress. <https://www.pacsa2020.co.za>

### Poster Presentations

Abstracts of research results or case discussions in all disciplines of Paediatric Anaesthesia are requested for submission. Abstracts will be peer reviewed for scientific content and authors will be informed if the poster is accepted.

**A prize will be awarded for the best presentation**

The deadline for abstract submission is **01 Oct 2020**

**Guideline for submissions and Instructions to Authors on <https://pacsa2020.co.za/posters>.** For more information contact the Congress Admin Office:

Telephone: 051 436 8145,

E-mail: [congress@internext.co.za](mailto:congress@internext.co.za)

**Or:** Johan Diedericks

**Tel:** 051 405 3307/ 051 4443414

[diedericksbjs@ufs.ac.za](mailto:diedericksbjs@ufs.ac.za)

## COST CENTRE FOR RIG FUNDS

Staff who have productivity funds (ie. Funds from publications and supervising), if you do not have a cost centre please liaise with secretariat. Please complete new cost centre application forms to be submitted to finance for processing.

## CONFIRMATION OF 2019 ANNUAL PRODUCTIVITY RECORDS

Since the inception of the RIG system, the Research Office has stopped the issuing of paper-based productivity letters. Researchers are required to log into the RIG system and confirm their 2019 Annual Productivity Unit (PU) records on the system. The release of the Research Productivity Support Grant (RPSG), based on PUs, will only be paid out to research cost centres of staff qualifying for the RPSG.

**The steps to follow for Confirmation of 2019 Annual PUs are as follows:**

Login to the RIG system at <https://rig.ukzn.ac.za>

**Once logged in, please click:**

1. "Person data",
2. "Annual PU Records",
3. "Edit" - Here you are able to check the correctness of your PUs,
4. "Researcher Confirmation",
5. "Select yes" to confirm that the PU value is correct,
6. "Provide your cost centre number" (needs to be a valid research cost centre),
7. "Save & close",
8. "Research Office final review", and
9. "Done".

**Please note the following:**

The RIG system will be closed for all unconfirmed 2019 Annual PU Records after the closing date and **no extension will be permitted.**

- The deadline for the confirmation of all 2019 Annual Research PUs is **Friday 9 October 2020**.
- Should you have any queries with regard to the PU data, please email [Productivity@ukzn.ac.za](mailto:Productivity@ukzn.ac.za) by **Friday 18 September 2020** as follows:
  - **College of Law & Management Studies** and the **College of Humanities:** Ms. Joly Lutakwa (Ext. 7224)
  - **College of Agriculture, Engineering & Science** and the **College of Health Sciences:** Mr Malesela Alfred Matlawe (Ext. 2031)

**URGENT - BIOMEDICAL RESEARCH ETHICS COMMITTEE: LEVEL 2 LOCKDOWN GUIDANCE TO ALL RESEARCHERS USING BREC**

UKZN BIOMEDICAL RESEARCH ETHICS COMMITTEE (BREC) REVISION TO RESEARCH CONSTRAINTS AND SAFEGUARDS DURING LEVEL 2 LOCKDOWN.

BREC has replaced the lockdown level 3 guidance applicable to approved BREC studies with the following; effective from **26th August 2020**:

- A.** Resumption of non-interventional/observational studies will still be considered by BREC on a case-by-case basis subject to i) a satisfactory risk/benefit ratio, ii) renewed agreement from the local site manager(s) that they can accommodate the resumption of the research, iii) that interview/focus group research adopts use of online/telephonic media as far as possible, iv) that the PI complies with national and UKZN COVID-19 safety guidelines.
- B.** All interventional studies may resume subject to i) renewed agreement from the local site manager(s) that they can accommodate the resumption of the research and that ii) the PI complies with national and UKZN COVID-19 safety guidelines.
- C.** In both cases PIs must be sensitive to obvious signs of stress or distraction at study sites and delay their procedures considerably as required.
- D.** Where a PI is in doubt, please consult with the BREC
- E.** PIs are reminded:
- i.** All amendments must receive prior BREC approval  
Prof D R Wassenaar /Chair: UKZN BREC  
[BREC@ukzn.ac.za](mailto:BREC@ukzn.ac.za)

**PINK AND GREEN FORMS  
NEW ONLINE PROCESS**

Starting from the current roster, Pink and Green forms are required to be completed electronically. Forms on website: [anaesthetics.ukzn.ac.za/registrars/rotationroster](http://anaesthetics.ukzn.ac.za/registrars/rotationroster)  
Registrars to please refer to guidelines emailed by Hannah Naidoo.

Enquiries: [HannahNai@ialch.co.za](mailto:HannahNai@ialch.co.za)/  
[NaidooH@ukzn.ac.za](mailto:NaidooH@ukzn.ac.za)

**UKZN COVID REPORTING  
REGISTRARS AND HONORARY STAFF**

All Registrars are required to report to Sister Nozipho Jali and to Dr Suvira Ramlall if they have tested positive for COVID-19.

- Occupational Health Nurse, Sister Nozipho Jali, [Jalin1@ukzn.ac.za](mailto:Jalin1@ukzn.ac.za)
- Academic Leader for the Registrar Training Programme, Dr Suvira Ramlall, [Ramlalls4@ukzn.ac.za](mailto:Ramlalls4@ukzn.ac.za)

***Thought for the Day!***

*“You only live once, but if you do it right once is enough”*

All UKZN honorary clinical staff who have tested positive for COVID-19 are also required to report cases to sister Jali.

**DISCIPLINE WEBSITE**

<http://anaesthetics.ukzn.ac.za/>

**PUBS TRAINING MATERIALS**

<https://ics.ukzn.ac.za/rig-online-help-1/>

**2021 CMSA EXAMS**

**Written**

Part II Final Examinations – **25 - 29 January**  
Part I and Primary Exams – **1 - 5 February**  
Diploma Examinations – **10 - 12 February**  
Intermediate Examinations – **18 - 19 February**

**Orals**

Diplomas – **12-14 April**  
Intermediates - **19 - 23 April**  
Sub-Spec. Certificants - **03 - 06 May**  
Fellowships - **10 - 14 May**

**ACCESS TO MED SCHOOL**

Staff going to Medical School campus must apply for a permit <https://selfscreen.ukzn.ac.za/> and once permit is granted, doctors must self-screen before entry.

**NRF POSTGRADUATE SCHOLARSHIPS -  
2021**

<http://notices.ukzn.ac.za/ViewNotice.aspx/55049>

**NEXT DAWN: 18 September 2020**

**Send contributions to:**

[anaesthesiology@ukzn.ac.za](mailto:anaesthesiology@ukzn.ac.za)

**WORLD CONGRESS OF  
ANAESTHESIOLOGISTS**

**Date:** 04 – 08 September 2021

**Venue:** Prague, Czech Republic

[www.wcaprague2020.com](http://www.wcaprague2020.com)

**FCA PART 1 REFRESHER**

**Date:** 16 – 20 November 2020

**Venue:** 27 Rhodes Avenue, (JHB)

**Enquiry:** Dr Zainub Jooma

[jhbanaesthesia@gmail.com](mailto:jhbanaesthesia@gmail.com)

**2020 BIRTHDAYS**

**Tuesday – 15 September**

Ameela Maharaj

## FORTHCOMING EVENTS / DIARY

### 07:15 FRIDAY MORNING MEETINGS – ZOOM

| 2020    | TOPIC  | SPEAKER                | MODERATOR         |
|---------|--|------------------------|-------------------|
| 11 Sept | Clinical Forum<br>KEH<br>IALCH pain                    | C Chellan<br>J Cardoso |                   |
| 18 Sept | Clinical Forum   | MGMH/ PMMH             |                   |
| 25 Sept | Renal replacement therapy: a primer for anaesthetist's | V Ramtohul             | K de Vasconcellos |
| 02 Oct  | An overview of ARDS in the ICU                         | K Jadhunandan          | S Verwey          |
| 09 Oct  | TBA  | L Allie                | A Ramkisson       |

| Date            | Time  | Description  | Venue (Zoom)  |
|-----------------|-------|--|---------------|
| MON<br>14 Sept  | 15h00 | FCA PART II<br>Paeds 3<br><br>A De Castro<br>De Castro/ Gopalan  | IALCH         |
|                 | 08h30 | IALCH PAIN & OBS<br>Pain Journal Club  | IALCH         |
| Tues<br>15 Sept | 07h00 | M & M MEETING: ADD   | ADD           |
|                 | 07h30 | M & M MEETING: PMMH  | PMMH          |
| WED<br>16 Sept  | 07h00 | M & M MEETING: IALCH   | IALCH         |
|                 | 15h00 | FCA PART I<br><i>Pituitary physiology</i><br><i>Thyroid and parathyroid physiology</i><br><i>Anti-thyroid drugs</i><br><br>S Reddy | IALCH         |
| THUR<br>17 Sept | 07h15 | M&M: RKK   | RKK           |
|                 | 07h30 | KEH ICU: M & M MEETING   | KEH - S block |
|                 | 16h30 | DIPLOMA IN ANAESTHETICS<br>ICU and Critical illness: Part 2<br><br>K Govender  |               |
| FRI<br>18 Sep   | 07h00 | FRIDAY MORNING MEETING:<br>Clinical Forum<br><br>MGMH/PMMH   | ZOOM          |




2021 NATIONAL CONFERENCE  
KWAZULU-NATAL BRANCH  
**SASA**  
SOUTH AFRICAN SOCIETY OF ANAESTHESIOLOGISTS  
*- Durban -*

**SASA NATIONAL CONFERENCE**  
 3 - 7 March 2021  
 Durban International Convention Centre  
 Twitter: #SASA21 / @docanaesthetic  
[www.sasaweb.com](http://www.sasaweb.com) | [www.2021sasacongress.co.za](http://www.2021sasacongress.co.za)

A MEMBER SOCIETY OF THE



WFSA

WORLD FEDERATION OF SOCIETIES OF ANAESTHESIOLOGISTS





**Join us for the PACSA Virtual Congress**  
**For more information**  
**and registration visit our website**  
**www.pacsa2020.co.za**

**CONFIRMED INTERNATIONAL SPEAKERS**  
 Annette Schure | Charles Coté | Ehrenfried Schindler  
 Paul Firth | Per-Arne Lönnqvist | Vrushali Ponde

**Contact us**  
 E-mail: congress@internext.co.za Tel: 051 436 8145

This virtual congress is proudly supported by



**Primer in Systematic Review online short course**



**The course aims for participants to find, appraise, interpret and consider the use of systematic reviews of effects**

The course duration is **6 weeks** (excluding orientation) and requires about 4 hours of effort a week.

At the end of the course, participants should be able to:

1. Outline the rationale for research synthesis and phrasing questions
2. Identify the principles of randomised controlled trials and risk of bias
3. Find, read and appraise systematic reviews (SRs)
4. Interpret findings of reviews of effects, including statistical interpretation of meta-analysis
5. Be able to interpret a GRADE profile and Summary of Findings table
6. Outline key components of a systematic review of effects that need to be considered in applying to health policy and practice

Upon successful completion of the course and assessment, participants receive a **certificate of competence** from Stellenbosch University.

| Time/Topic | Topic  |
|------------|--|
| Week 1     | Introduction, Orientation to online site       |
| Week 2     | Evidence based practice and Phrasing questions |
| Week 3     | Randomised Controlled Trials and Risk of bias  |
| Week 4     | Finding, reading and appraising SRs            |
| Week 5     | Interpreting SR results                        |
| Week 6     | GRADE and Summary of Findings tables           |
| Week 7     | Knowledge translation                          |
| Week 8-11  | Post Course Readings, access and discussions   |

The primer in systematic review course is interactive, fun and informative. Whether you are a clinician, policy maker or researcher, if you want to know more about finding, appraising, and using the best available evidence then this course is for you.

The Course is presented from 1 September – 17 November. Cost is R2500.  
 For application details, contact Liesel Esterhuizen ([lesterhuizen@sun.ac.za](mailto:lesterhuizen@sun.ac.za)).

This course was developed by the Effective Health Care Research Programme Consortium in 2012, funded by UK aid from the UK Government for the benefit of developing countries (Grant: 5242).

Set-up in an online format was supported by GESI.





**Date:** Wednesday, 16 September 2020

**PAIN ACADEMY  
WEBINAR**

We invite you to join an exclusive **Pain Academy** webinar presented and hosted by **PainSA**.

**Topic:** Baby Hold My Hand - A new reality for paediatric pain

**Speaker:** Dr Elize Cloete

**Date:** Wednesday, 16 September 2020

**Time:** 18:00 - 19:00

**Dr Elize Cloete**



Dr Cloete is a third year registrar in the Wits Anaesthesia Department.

She did her MBBCh at Wits University, Internship at Chris Hani Baragwanath Hospital and then Community Service at Leratong. There she did Anaesthetics and Emergency Medicine for 6 months each, as well as doing a Diploma in Anaesthetics and a Diploma in Primary Emergency Care. She is interested in the new paradigm shift in anaesthesia afforded to us by rapidly advancing technology.

She is specifically passionate about it's implications for pain and anxiety management in the paediatric population.

As part of her MMed research, she will be looking at whether or not audiovisual distraction at induction will alleviate anxiety.

[Register Now](#)

[Click Here](#)

**Premier Sponsor**



For additional information and assistance please contact:

Velocity Vision - Janice Candlish  
Tel: +27 11 894 1278  
Email: [painacademy@velocityvision.co.za](mailto:painacademy@velocityvision.co.za)  
Website: [www.velocityvision.co.za](http://www.velocityvision.co.za)

[f](#) [t](#) Web: [www.painsa.org.za](http://www.painsa.org.za) | Email: [info@painsa.org.za](mailto:info@painsa.org.za)



**HEALTHCARE WORKERS  
CARE NETWORK**

Caring for the Carers by the Carers

**Join an Online Support Group For  
Healthcare Workers**



If you are feeling lonely, isolated, overwhelmed, or just in need of a good chat with colleagues, we are running a small group for all healthcare workers who would like to share experiences about how they're finding life at work and at home right now.

**Anna Schmidt-Ehmcke and Lauren Gower are psychologists and they will be facilitating the group which will meet on Saturdays weekly for approximately one hour at 1:30 pm.**

**The group will be hosted on Zoom, it is free, voluntary, and will be confidential.**

If you're interested in joining the group, please Whatsapp Lauren on +27 826885957 or email [hwcngroups@gmail.com](mailto:hwcngroups@gmail.com)

**24 Hour Helpline 0800 21 21 21 SMS 43001**