

# D.A.W.N.

Volume 33 No. 37

21 September – 27 September 2020

*If you have an article, reference or any newsworthy exposé please forward to [anaesthesiology@ukzn.ac.za](mailto:anaesthesiology@ukzn.ac.za)*

## FCA PART II MOCK EXAM NOVEMBER 2020

**Friday:** 27<sup>th</sup> Nov 2020

**Paper 1:** 14h00 – 17h00

**Saturday:** 28<sup>th</sup> Nov 2020

**Paper 2:** 08h00 – 11h00

**Paper 3:** 12h00 – 15h00

**Venue:** TBC

Interested Part 2 candidates to please let Dr Alexa de Castro ([alexadecastro@yahoo.com](mailto:alexadecastro@yahoo.com)) know of their intention to sit the mock exam by **30<sup>th</sup> Oct 2020**.

## RESEARCH METHODOLOGY - SEMESTER 2 - INDUCTION ZOOM MEETING

The following Zoom invitation is for students registered for Research Methodology for this second semester. They need to attend just **ONE** session, either on the Thursday or Friday this week.

**Friday's Zoom meeting:**

**Topic:** Research Methodology - Semester 2

**Time:** Sep 18, 2020 02:00 PM Johannesburg

Join Zoom Meeting

<https://ukzn.zoom.us/j/96080981595?pwd=S011ZUIxS01jM3JvYTNvR0NZUXIsZz09>

Meeting ID: 960 8098 1595

Passcode: Induction

## SAVE THE DATE - CLINICAL COURSE 2021

Second Semester Clinical Course dates

**16th - 20th August 2021**

**Enquiries:** Dr Sebenzile Sikhakhane  
[sebe88nzile@gmail.com](mailto:sebe88nzile@gmail.com)

## ATTENTION REGISTRARS

**Part 1 Refresher Course - Wits**

Please note that Wits are looking at holding the Part 1 Refresher course on 16-20 November 2020.

They will be allowing a limited number of delegates physically present at the CMSA venue.

The rest will be on-line (virtual)

**Contact:** [paul.abrahams@wits.ac.za](mailto:paul.abrahams@wits.ac.za) to make bookings.

## CPD APPLICATIONS FOR 2021

All program coordinators to please prepare their 2021 teaching programs so that we can make a collated discipline/hospital application.

Camy will be submitting all our hospital and discipline teaching programs for accreditation by middle of October.

## COST CENTRE FOR RIG FUNDS

Staff who have productivity funds (ie. Funds from publications and supervising), if you do not have a cost centre please liaise with secretariat. Please complete new cost centre application forms to be submitted to finance for processing.

## CONFIRMATION OF 2019 ANNUAL PRODUCTIVITY RECORDS

Since the inception of the RIG system, the Research Office has stopped the issuing of paper-based productivity letters. Researchers are required to log into the RIG system and confirm their 2019 Annual Productivity Unit (PU) records on the system. The release of the Research Productivity Support Grant (RPSG), based on PUs, will only be paid out to research cost centres of staff qualifying for the RPSG.

**The steps to follow for Confirmation of 2019 Annual PUs are as follows:**

Login to the RIG system at <https://rig.ukzn.ac.za>

**Please note the following:**

The RIG system will be closed for all unconfirmed 2019 Annual PU Records after the closing date and **no extension will be permitted.**

- The deadline for the confirmation of all 2019 Annual Research PUs is **Friday 9 October 2020**.
- Should you have any queries with regard to the PU data, please email [Productivity@ukzn.ac.za](mailto:Productivity@ukzn.ac.za) by **Friday 18 September 2020** as follows:
  - **College of Law & Management Studies** and the **College of Humanities:** Ms. Joly Lutakwa (Ext. 7224)
  - **College of Agriculture, Engineering & Science** and the **College of Health Sciences:** Mr Malesela Alfred Matlawe (Ext. 2031)

**URGENT - BIOMEDICAL RESEARCH ETHICS  
COMMITTEE: LEVEL 2 LOCKDOWN  
GUIDANCE TO ALL RESEARCHERS USING  
BREC**

BREC has replaced the lockdown level 3 guidance applicable to approved BREC studies with the following; effective from **26th August 2020**:

- A.** Resumption of non-interventional/observational studies will still be considered by BREC on a case-by-case basis subject to i) a satisfactory risk/benefit ratio, ii) renewed agreement from the local site manager(s) that they can accommodate the resumption of the research, iii) that interview/focus group research adopts use of online/telephonic media as far as possible, iv) that the PI complies with national and UKZN COVID-19 safety guidelines.
- B.** All interventional studies may resume subject to i) renewed agreement from the local site manager(s) that they can accommodate the resumption of the research and that ii) the PI complies with national and UKZN COVID-19 safety guidelines.
- C.** In both cases PIs must be sensitive to obvious signs of stress or distraction at study sites and delay their procedures considerably as required.
- D.** Where a PI is in doubt, please consult with the BREC
- E.** PIs are reminded:
- i.** All amendments must receive prior BREC approval  
Prof D R Wassenaar /Chair: UKZN BREC  
[BREC@ukzn.ac.za](mailto:BREC@ukzn.ac.za)

**PINK AND GREEN FORMS  
NEW ONLINE PROCESS**

Starting from the current roster, Pink and Green forms are required to be completed electronically. Forms on website: [anaesthetics.ukzn.ac.za/registrars/rotationroster](http://anaesthetics.ukzn.ac.za/registrars/rotationroster)  
Registrars to please refer to guidelines emailed by Hannah Naidoo.

Enquiries: [HannahNai@ialch.co.za](mailto:HannahNai@ialch.co.za)/  
[NaidooH@ukzn.ac.za](mailto:NaidooH@ukzn.ac.za)

**UKZN COVID REPORTING  
REGISTRARS AND HONORARY STAFF**

All Registrars are required to report to Sister Nozipho Jali and to Dr Suvira Ramlall if they have tested positive for COVID-19.

- Occupational Health Nurse, Sister Nozipho Jali, [Jalin1@ukzn.ac.za](mailto:Jalin1@ukzn.ac.za)
- Academic Leader for the Registrar Training Programme, Dr Suvira Ramlall, [Ramlalls4@ukzn.ac.za](mailto:Ramlalls4@ukzn.ac.za)

All UKZN honorary clinical staff who have tested positive for COVID-19 are also required to report cases to sister Jali.

***Thought for the Day!***

*“It’s very easy to defeat someone but it’s very hard to win someone”*

**DISCIPLINE WEBSITE**

<http://anaesthetics.ukzn.ac.za/>

**PUBS TRAINING MATERIALS**

<https://ics.ukzn.ac.za/rig-online-help-1/>

**2021 CMSA EXAMS**

**Written**

Part II Final Examinations – **25 - 29 January**  
Part I and Primary Exams – **1 - 5 February**  
Diploma Examinations – **10 - 12 February**  
Intermediate Examinations – **18 - 19 February**

**Orals**

Diplomas – **12-14 April**  
Intermediates - **19 - 23 April**  
Sub-Spec. Certificants - **03 - 06 May**  
Fellowships - **10 - 14 May**

**ACCESS TO MED SCHOOL**

Staff going to Medical School campus must apply for a permit <https://selfscreen.ukzn.ac.za/> and once permit is granted, doctors must self-screen before entry.

**NRF POSTGRADUATE SCHOLARSHIPS -  
2021**

<http://notices.ukzn.ac.za/ViewNotice.aspx/55049>

**NEXT DAWN: 25 September 2020**

**Send contributions to:**

[anaesthesiology@ukzn.ac.za](mailto:anaesthesiology@ukzn.ac.za)

**WORLD CONGRESS OF  
ANAESTHESIOLOGISTS**

**Date:** 04 – 08 September 2021

**Venue:** Prague, Czech Republic

[www.wcaprague2020.com](http://www.wcaprague2020.com)

**FCA PART 1 REFRESHER**

**Date:** 16 – 20 November 2020

**Venue:** 27 Rhodes Avenue, (JHB)

**Enquiry:** Dr Zainub Jooma

[jhbanaesthesia@gmail.com](mailto:jhbanaesthesia@gmail.com)

**2020 BIRTHDAYS**

**Wednesday– 23 September**

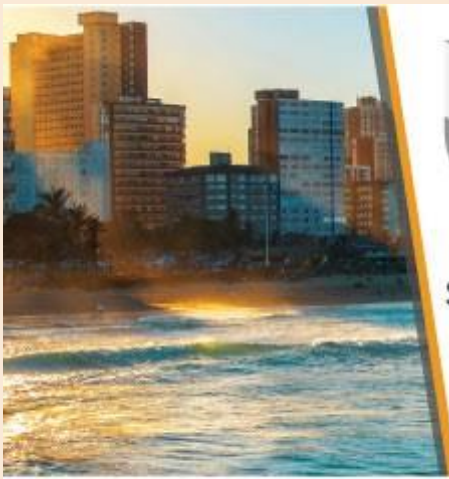
**Kashvir Allopi**

## FORTHCOMING EVENTS / DIARY

### 07:15 FRIDAY MORNING MEETINGS – ZOOM

2020	TOPIC	SPEAKER	MODERATOR
18 Sept	<b>Clinical Forum</b> PMMH MGMH	<b>P Sewbuckus</b> <b>S Jayrajh</b>	
25 Sept	Renal replacement therapy: a primer for anaesthetist's	V Ramtohul	K de Vasconcellos
02 Oct	An overview of ARDS in the ICU	K Jadhunandan	S Verwey
09 Oct	Law and order	L Allie	A Ramkisson
16 Oct	<b>Clinical Forum</b>	St Aidans /IALCH Cardiac	

Date	Time	Description	Venue (Zoom)
MON 21 Sept	15h00	<b>FCA PART II</b> Airway  E Hodgson Hodgson/ Ramsamy	<b>IALCH</b>
	08h30	<b>IALCH PAIN &amp; OBS</b> Obstetric Journal Club	<b>IALCH</b>
Tues 22 Sept	07h00	<b>M &amp; M MEETING: ADD</b>	<b>ADD</b>
	07h30	<b>M &amp; M MEETING: PMMH</b>	<b>PMMH</b>
WED 23 Sept	07h00	<b>M &amp; M MEETING: IALCH</b>	<b>IALCH</b>
	15h00	<b>FCA PART I</b> <i>Antibiotics / Anti-fungals</i> <i>Surgical site prophylaxis</i> <i>Endocarditis prophylaxis</i>  B Kusel	<b>IALCH</b>
THUR 24 Sept	07h15	<b>M&amp;M: RKK</b>	<b>RKK</b>
	07h30	<b>KEH ICU: M &amp; M MEETING</b>	<b>KEH - S block</b>
	16h30	<b>DIPLOMA IN ANAESTHETICS</b> <i>Public Holiday</i>	
FRI 25 Sep	07h00	<b>FRIDAY MORNING MEETING:</b> <i>Renal replacement therapy: a primer for anaesthetist's</i>  V Rantohul	<b>ZOOM</b>



**SASA NATIONAL CONFERENCE**  
3 - 7 March 2021  
Durban International Convention Centre  
Twitter: #SASA21 / @docanaesthetic  
www.sasaweb.com | www.2021sasacongress.co.za

A MEMBER SOCIETY OF THE



**WFSA**  
WORLD FEDERATION OF SOCIETIES OF ANAESTHESIOLOGISTS

A logo for PACSA 2020 featuring a handprint made of colorful brushstrokes.

**PACSA 2020**  
**VIRTUAL CONGRESS**  
**13 - 15 Nov**  
**stronger together**  
Hosted by UFS in collaboration with PACSA

A small logo of a tiger at the bottom of the PACSA 2020 advertisement.

**Join us for the PACSA Virtual Congress**  
**For more information**  
**and registration visit our website**  
**[www.pacsa2020.co.za](http://www.pacsa2020.co.za)**

**CONFIRMED INTERNATIONAL SPEAKERS**  
Annette Schure | Charles Coté | Ehrenfried Schindler  
Paul Firth | Per-Arne Lönnqvist | Vrushali Ponde

**Contact us**  
**E-mail: [congress@internext.co.za](mailto:congress@internext.co.za) Tel: 051 436 8145**

This virtual congress is proudly supported by

**FRESENIUS KABI**  
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**mindray**  
healthcare within reach



**The course aims for participants to find, appraise, interpret and consider the use of systematic reviews of effects**

The course duration is 6 weeks (excluding orientation) and requires about 4 hours of effort a week.

At the end of the course, participants should be able to:

1. Outline the rationale for research synthesis and phrasing questions
2. Identify the principles of randomised controlled trials and risk of bias
3. Find, read and appraise systematic reviews (SRs)
4. Interpret findings of reviews of effects, including statistical interpretation of meta-analysis
5. Be able to interpret a GRADE profile and Summary of Findings table
6. Outline key components of a systematic review of effects that need to be considered in applying to health policy and practice

Upon successful completion of the course and assessment, participants receive a certificate of competence from Stellenbosch University.

Time/Topic	Topic
Week 1	Introduction, Orientation to online site
Week 2	Evidence based practice and Phrasing questions
Week 3	Randomised Controlled Trials and Risk of bias
Week 4	Finding, reading and appraising SRs
Week 5	Interpreting SR results
Week 6	GRADE and Summary of Findings tables
Week 7	Knowledge translation
Week 8-11	Post Course Readings, access and discussions

The primer in systematic review course is interactive, fun and informative. Whether you are a clinician, policy maker or researcher, if you want to know more about finding, appraising, and using the best available evidence then this course is for you.

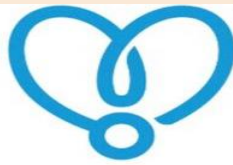
The Course is presented from 1 September – 17 November. Cost is R2500.

For application details, contact Liesel Esterhuizen ([lesterhuizen@sun.ac.za](mailto:lesterhuizen@sun.ac.za)).

This course was developed by the Effective Health Care Research Programme Consortium in 2012, funded by UK aid from the UK Government for the benefit of developing countries (Grant: 5242).

Set-up in an online format was supported by GESI.





## HEALTHCARE WORKERS CARE NETWORK

Caring for the Carers by the Carers

### Join an Online Support Group For Healthcare Workers



If you are feeling lonely, isolated, overwhelmed, or just in need of a good chat with colleagues, we are running a small group for all healthcare workers who would like to share experiences about how they're finding life at work and at home right now.

**Anna Schmidt-Ehmcke and Lauren Gower are psychologists and they will be facilitating the group which will meet on Saturdays weekly for approximately one hour at 1:30 pm.**

**The group will be hosted on Zoom, it is free, voluntary, and will be confidential.**

If you're interested in joining the group, please Whatsapp Lauren on +27 826885957 or email [hwcngroups@gmail.com](mailto:hwcngroups@gmail.com)

**24 Hour Helpline 0800 21 21 21 SMS 43001**